



Note that the RoF route continues straight on at the Hermon crossroads through Llangadwaladr and left over the stile into the fields following the foot path. This is to avoid the narrow road especially at night.

Check Point 11
Newborough Forest
Grid Ref: 411 671

Honesty Book
Grid Ref: SH391 657
Tear a page out and present it to the Marshals at CP11 to prove your presence!

Note the **Blue** dotted line low tide route option only if the tide is out. High tide is at 2129 Hours British Summer Time.

Newborough Warren/
Tywyn Niwbwrch