

# RING O' FIRE

**HIGH  
TIDES  
LOW**



**SUNRISE  
SUNSETS**

Note the New Moon Phase which means there will be no moon light to guide you, it will be **VERY DARK**. In addition the tidal phase will be the highest of the high tides and lowest of the low tides or spring tides. Tidal routes will be cut off quicker than you might think close to high tide times. Be prepared, be aware of your time and distances. Use the alternative tidal route if unsure.

**All Times in British Summer Time**  
(Greenwich Mean Time (GMT) +1 Hour (BST))

Friday	
<b>30-AUG-19</b>	<b>Holyhead</b>
<b>High Water</b>	<b>1105 Hrs</b>
Height	5.77m
<b>Low Water</b>	<b>1706 Hrs</b>
Height	0.55 Hrs
<b>High Water</b>	<b>2322 Hrs</b>
Height	6.16m

Friday	
<b>30-AUG-19</b>	<b>Holyhead</b>
Sunrise:	0625 Hrs
Sunset:	2013 Hrs

Saturday	
<b>31-AUG-19</b>	<b>Menai Bridge</b>
<b>Low Water</b>	<b>0711 Hrs</b>
Height	0.43m
<b>High Water</b>	<b>1238Hrs</b>
Height	9.56m
<b>Low Water</b>	<b>1928 Hrs</b>
Height	0.68m

Saturday	
<b>31-AUG-19</b>	<b>Holyhead</b>
Sunrise:	0627 Hrs
Sunset:	2011 Hrs

Sunday	
<b>01-SEP-19</b>	<b>Holyhead</b>
<b>High Water</b>	<b>0101 Hrs</b>
Height	6.30m
<b>Low Water</b>	<b>0619 Hrs</b>
Height	0.09m
<b>High Water</b>	<b>1235 Hrs</b>
Height	5.97m

Sunday	
<b>01-SEP-19</b>	<b>Holyhead</b>
Sunrise:	0629 Hrs
Sunset:	2008 Hrs