



Note that the RoF route continues straight on at the Hermon crossroads through Llangadwaladr and left over the stile into the fields following the foot path. This is to avoid the narrow road, especially at night.

Check Point 11
Newborough Forest
Grid Ref: 411 671
W3W///tasteful.humidity.doghouse

Note: please avoid the sensitive dune habitat as you reach Traeth Penrhos (below) This is a quiet area of the forest/dune/saltmarsh that doesn't get much foot traffic and therefore a sensitive habitat for rare wildlife and plants.

Honesty Book
Grid Ref: SH38730 65801
W3W///producing.drums.transit
Tear a page out and present it to the Marshals at CP11 to prove your presence!

Note the **BLUE** dotted line low tide route option only if the tide is out.
High tide:
Saturday 31st August 2024 is at 09:43hrs British Summer Time.

Newborough Warren/
Tywyn Niwbwrch